

APFT MOI

We will conduct the APFT starting at 0630, on the 26th, 27th and 28th of April. The uniform is the Army PT uniform. The rally point is vicinity of the volleyball courts across from the lake in Monterey at the intersection of Camino el Estero and Del Monte Ave. Make sure you stretch/prep before 0630 because that is the “hard start time.” The OIC’s are as follows:

26th (Wednesday)	MAJ Steve Gauthier MAJ Chris Nannini
27 th (Thursday)	CPT Luke Koerschner CPT Steve Moseley
28 th (Friday)	CPT Doug Fletcher CPT Carlos Fernandez Weigh-in: LTC Andy Hernandez

We will conduct the APFT IAW FM 21-20. If you are a new student, ensure that you bring your DA Form 705 (APFT Scorecard) from your previous unit. Additional scorecards will be available if needed. It is recommended that you bring a tarp or bedroll for wet grass.

The start-point for the run is the marked telephone pole vicinity the volleyball courts. The run takes you East/North East towards Seaside along the bike/running path parallel to Del Monte Ave. The turn-around point is just prior to Natale’s Auto Service Center. A soldier will be standing at the turn-around point to eliminate confusion, provide a time hack, laugh at those dry-heaving, and provide first aid.

Weigh-in will be immediately after each APFT at the NPS gym. Anyone who needs to be “taped” or suspects that they need to be taped will be **weighed and taped after the APFT on Friday, the 28th of April** in the Athletic Center on NPS. If you require taping and take the APFT prior to Friday, you must come to the Athletic Center on the 28th to get taped. Taping will take place after the APFT at approximately 0730. **Military Faculty (LTC Andy Hernandez) will be conducting the weigh-in on the 28th.** All borderline soldiers, particularly those **graduating in June**, need to make sure they **aren’t relying on the mercy** of the man with the tape or the man with the PT card.

At the PT test, be careful where you park. The Monterey Traffic Storm Troopers may be out. You may need to put change in the parking meter or you can park along Del Monte Blvd.

Chris Nannini